

DR. FAROKH MASTER PRESENTS

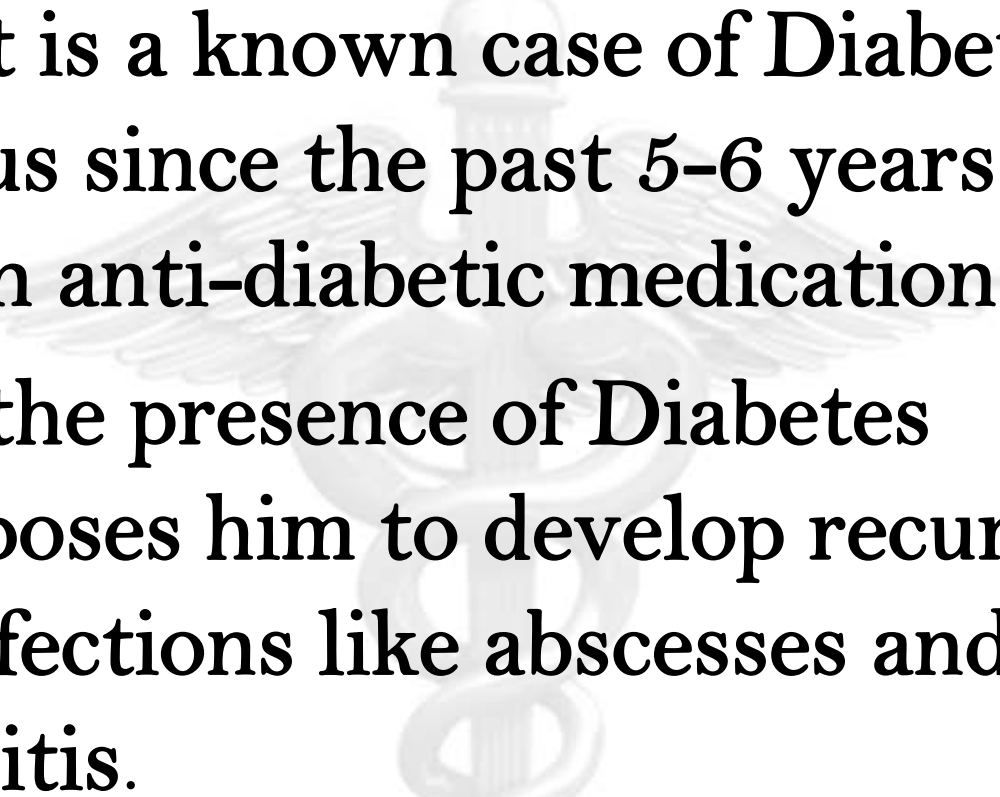
**A CASE OF ABSCESS IN A
DIABETIC PATIENT**



CASE OF A 41 YEAR OLD MALE

- Who came to us with an abscess on scrotum as well as on the perianal region
- He complained of burning pain over the area of infection.
- He has a past history of recurrent abscesses on scrotum for which he had taken several courses of antibiotics and had also undergone incision and drainage of the abscesses.



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- Patient is a known case of Diabetes Mellitus since the past 5-6 years and has been on anti-diabetic medication.
 - Thus, the presence of Diabetes predisposes him to develop recurrent skin infections like abscesses and folliculitis.

He also suffers from

Hypertension since 5–6 years

Hyperlipidemia since 4–5 years.

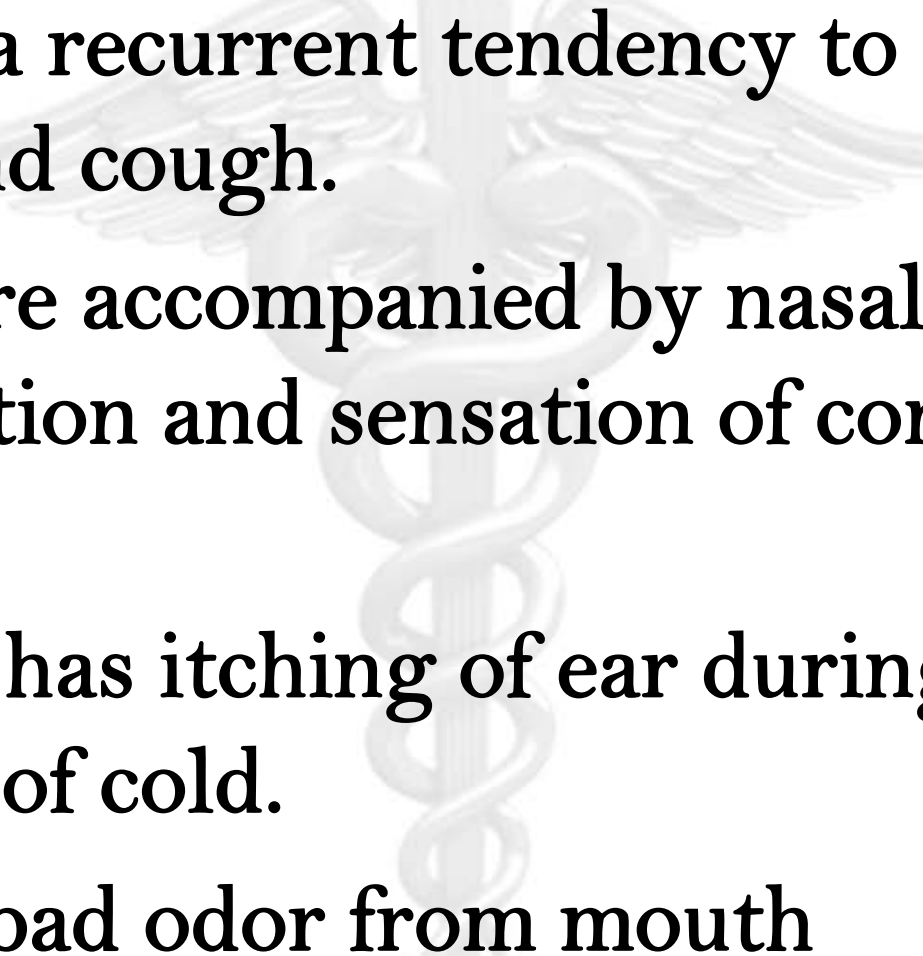
ASSOCIATED COMPLAINTS

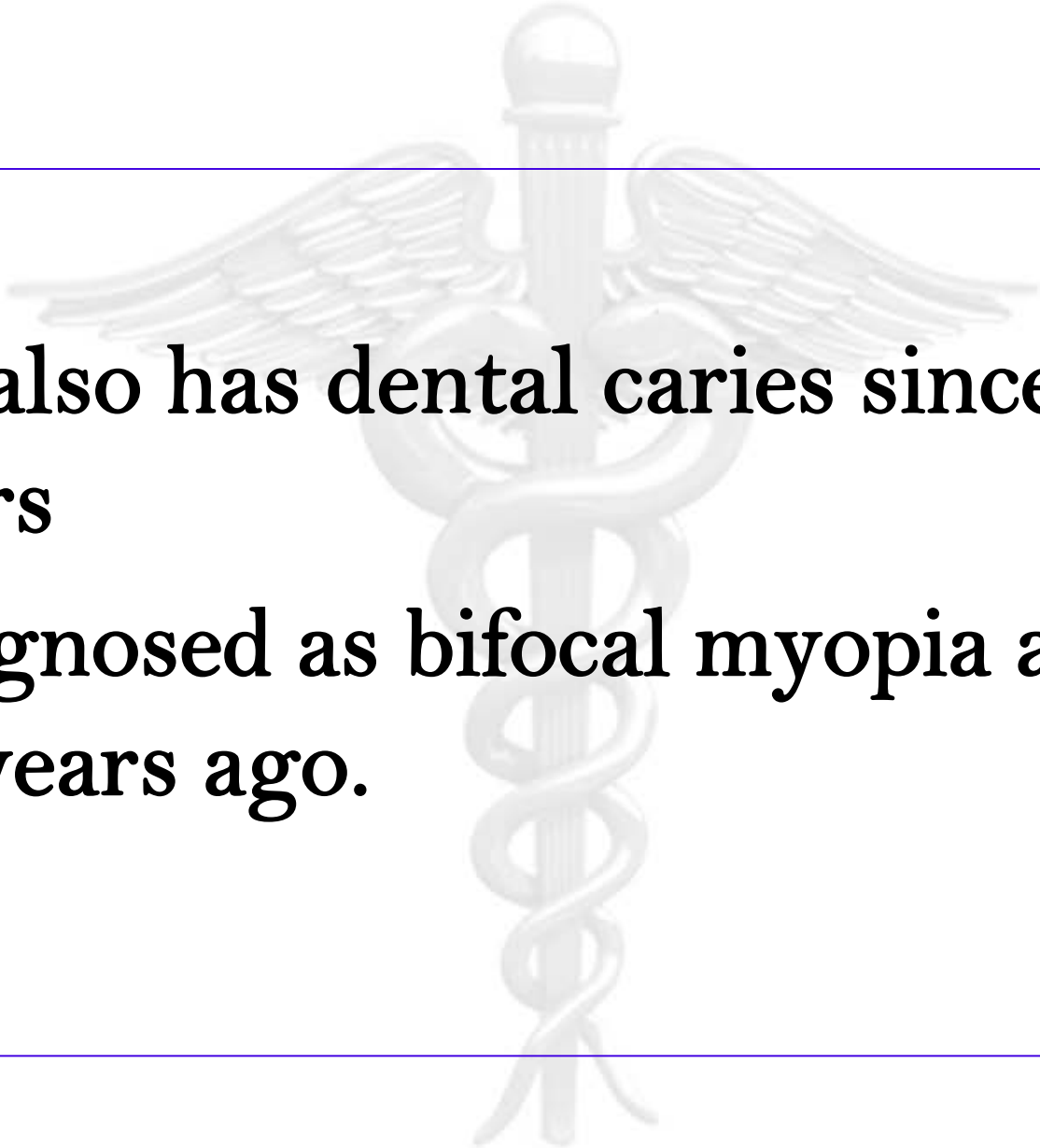
- He suffers from recurrent episodes of acidity since 8-10 years.
- During such an episode he complains of:
 - Burning sensation in the epigastric region.
 - Flatulence more during daytime.
 - Flatulence increases after having tea.

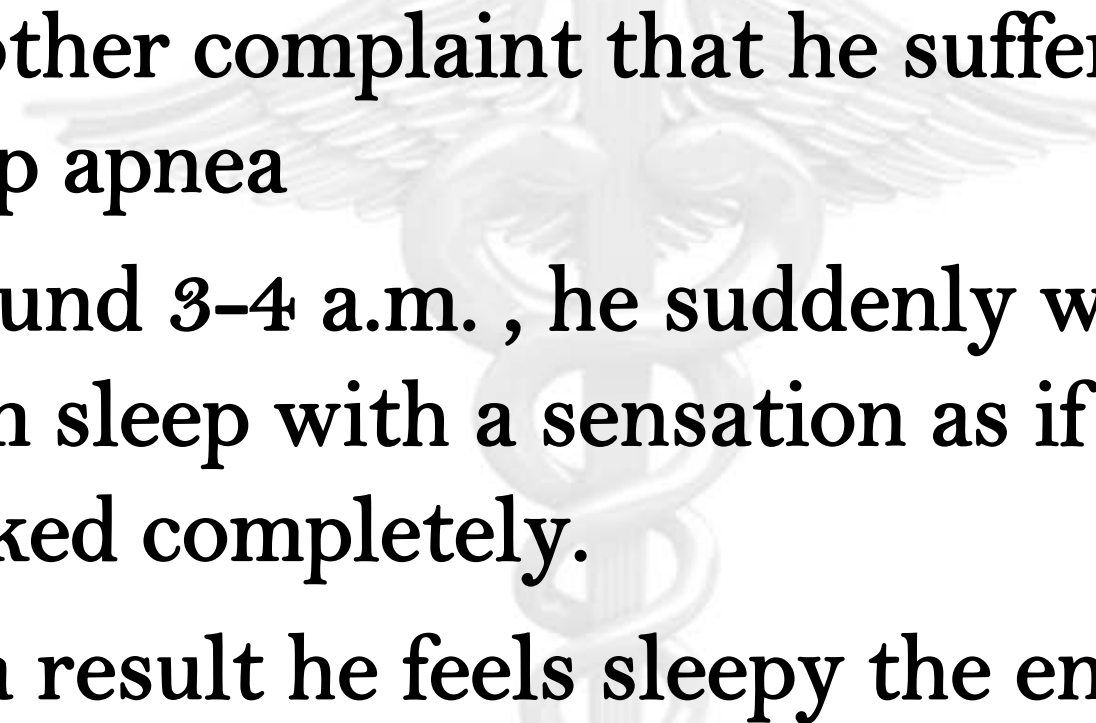


During such an episode he also experiences :

Pain on left side of chest which is better after passing flatus or eructation.

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- He has a recurrent tendency to develop colds and cough.
 - Colds are accompanied by nasal obstruction and sensation of congestion of nose.
 - He also has itching of ear during an episode of cold.
 - He has bad odor from mouth

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- He also has dental caries since many years
 - Diagnosed as bifocal myopia around 15 years ago.

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- Another complaint that he suffers from is sleep apnea
 - Around 3-4 a.m. , he suddenly wakes up from sleep with a sensation as if he is choked completely.
 - As a result he feels sleepy the entire day.

CURRENT MEDICATION

MEDICATION	
TAB. GLUCONORM 1.5 mg	Anti diabetic drug
TAB. TELISTA 40	Telmisartan - Antihypertensive
TAB. STORVAS 5	Atorvastatin – Dyslipidemic agent
TAB. MONDESLOR	Montelukast – Anti Allergic

PAST HISTORY

2 Years ago :

- **Urticaria which was treated with anti - histaminic**

FAMILY HISTORY

RELATIVE	ALIVE / DEAD	AGE	DISEASE
FATHER	ALIVE	81 YEARS	D.M., RENAL CELL CA.
MOTHER	DIED	75 YEARS	D.M., HYPERTENSION
PATERNAL GRAND FA.	DIED	83 YEARS	NO ILLNESSES
PATERNAL GRAND MO.	DIED	94 YEARS	NO ILLNESSES
MATERNAL GRAND FA.	DIED	67 YEARS	STROKE
MATERNAL GRAND MO.	DIED	75 YEARS	CHRONIC KIDNEY DISEASE

SIBLINGS

RELATIVE	ALIVE/ DEAD	AGE	DISEASE
SISTER	ALIVE	49 YEARS	HYPERTENSION D.M.
SISTER	ALIVE	47 YEARS	ANEMIA
BROTHER	ALIVE	45 YEARS	NO ILLNESSES

HABITS

- He drinks 5-6 cups of tea daily.
- Has liquor once a week.

APPETITE AND THIRST

Appetite – Average.

- Hunger aggravates - He can't tolerate hunger. When he remains hungry for long he gets irritable and restless. He also develops acidity.

Thirst

- Drinks 3 liter water a day.
- His mouth feels dry so he has to has to drink water frequently.

FOOD AND DRINKS

LIKINGS IN FOOD :

- Fried food
- Rice
- Spicy

FOOD THAT DISAGREES WITH HIM :

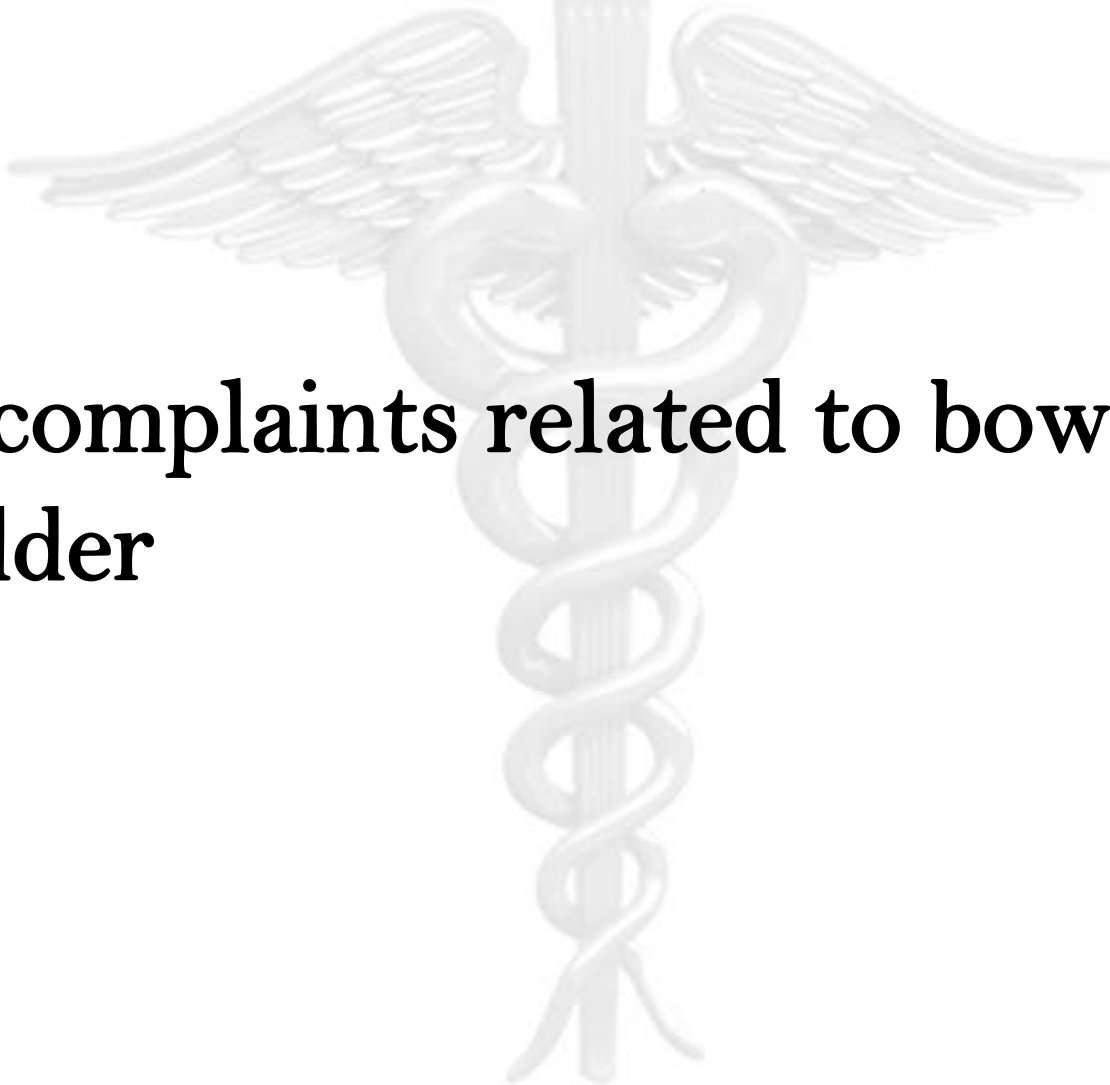
- He develops urticaria if he eats oranges and meat.

PERSPIRATION

- He perspires in axilla and groins.

BOWEL AND BLADDER

- No complaints related to bowel and bladder



THERMAL REACTION

- **AMBITHERMAL**



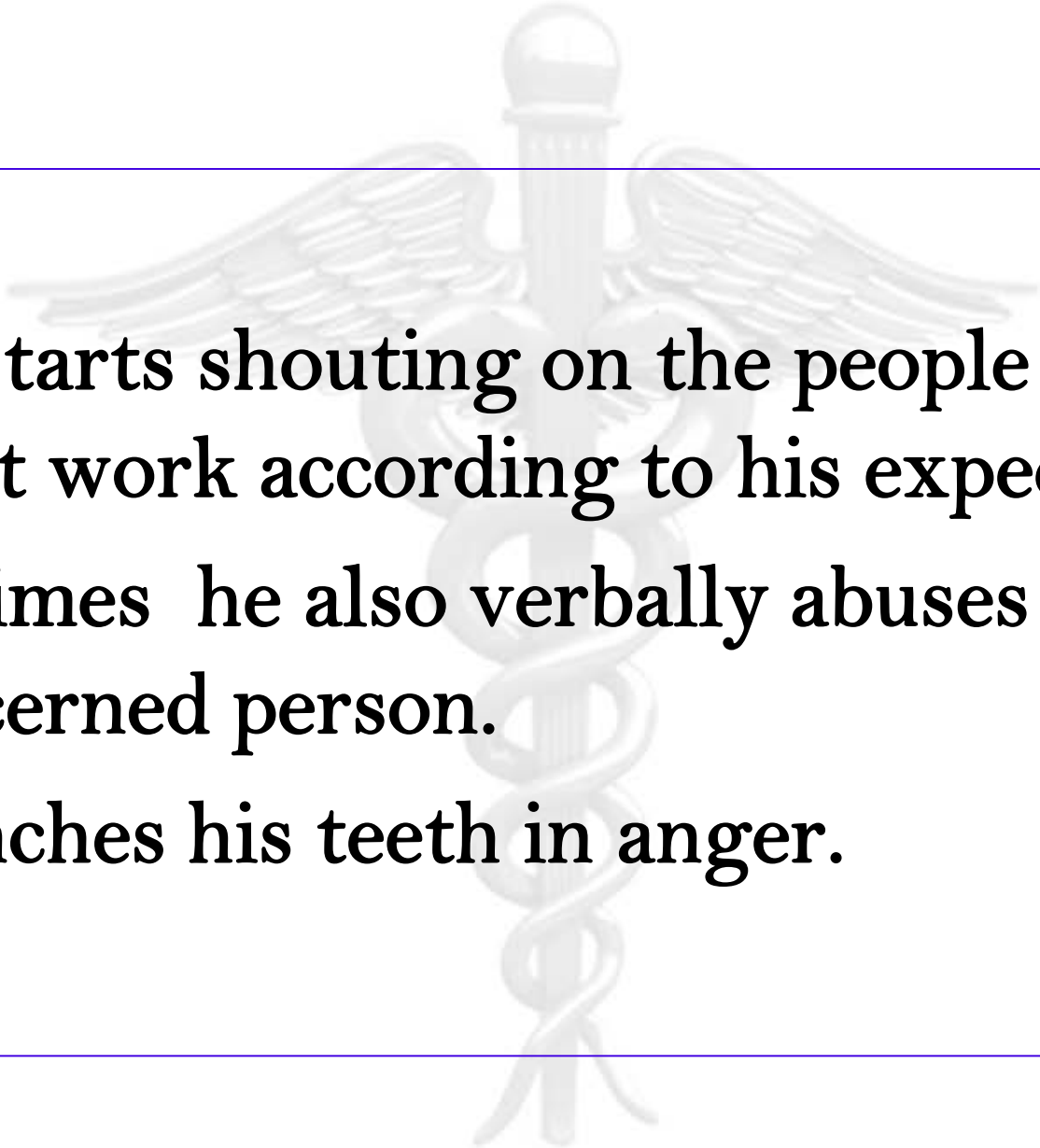
SLEEP AND DREAMS

- His sleep tends to get disturbed especially between 3-4 am due to sleep apnea and nose block.
- Sleep position : he prefers to sleep on the back.
- Snores during sleep

MIND

ANGER:

- He is very short tempered.
- He was very aggressive earlier. But, over the years he has become less aggressive.
- He gets angry if things do not happen his way.

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- He starts shouting on the people who don't work according to his expectations.
 - At times he also verbally abuses the concerned person.
 - Clenches his teeth in anger.

SENSITIVE TO CRITICISM

- He is very sensitive to criticism and just can't take it.

BROODING

- He broods over the hurts people have caused him.
- He says, he does try to forgive them however, the hurtful incidents keep coming in his mind again and again.

MEMORY

- He is very absentminded.
- Tends to forget where he had kept his objects and then keeps looking for them.

INTROVERT PERSONALITY :

- He says he very much an introvert person.

BOREDOM :

- He gets bored quite easily with things and the tasks he is doing.

LIFESPACE

- He was born in a metropolitan city.

CHILDHOOD and SCHOOLING:

- He was a very studious child.
- Ambitious - He was also very ambitious.
- He always wanted to be good at school.
Always strived to get good marks in exams.

PARENTS :

- Parents were extremely loving and caring.
- Had good relations with siblings too.

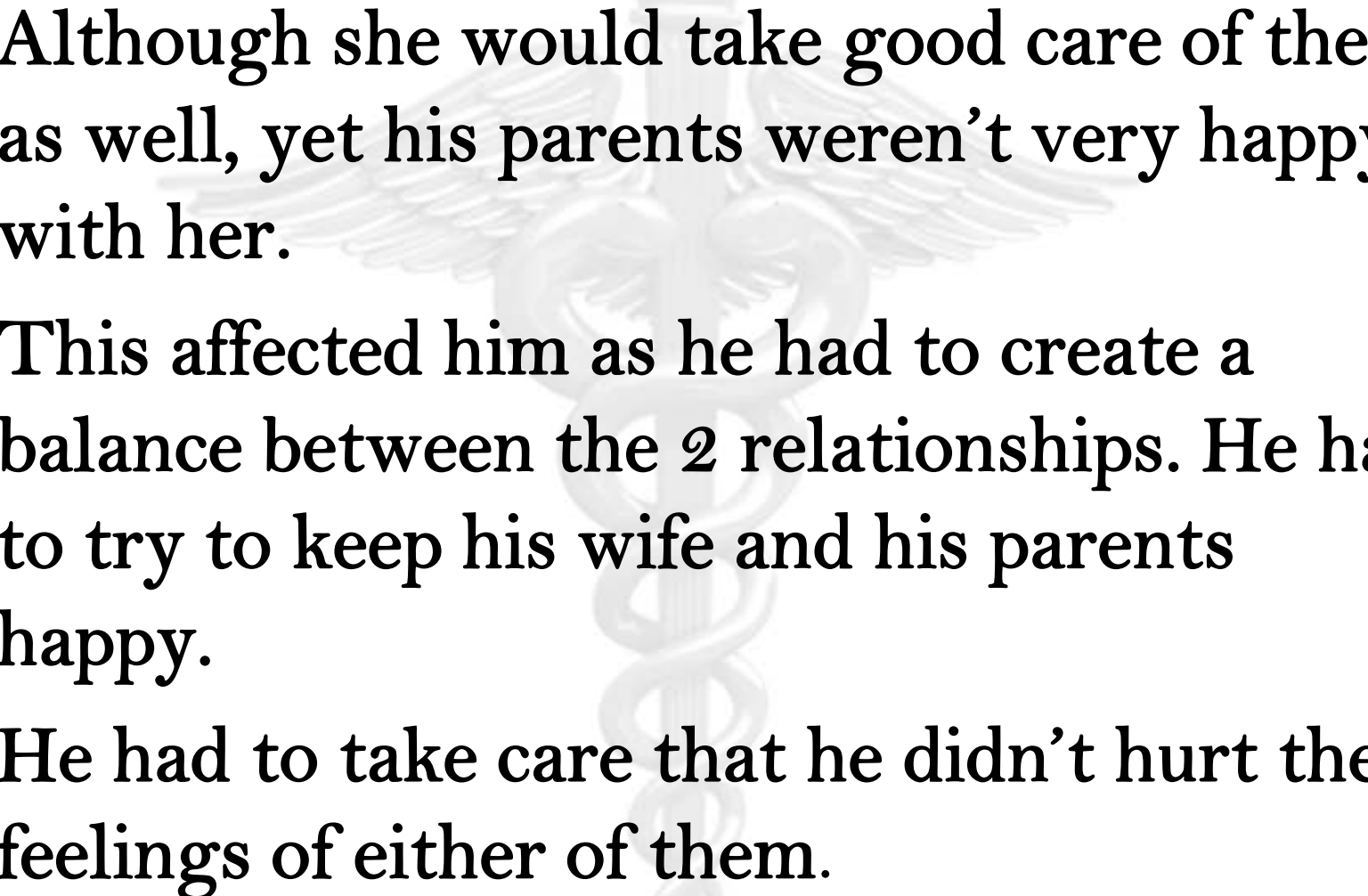
COLLEGE AND CAREER :

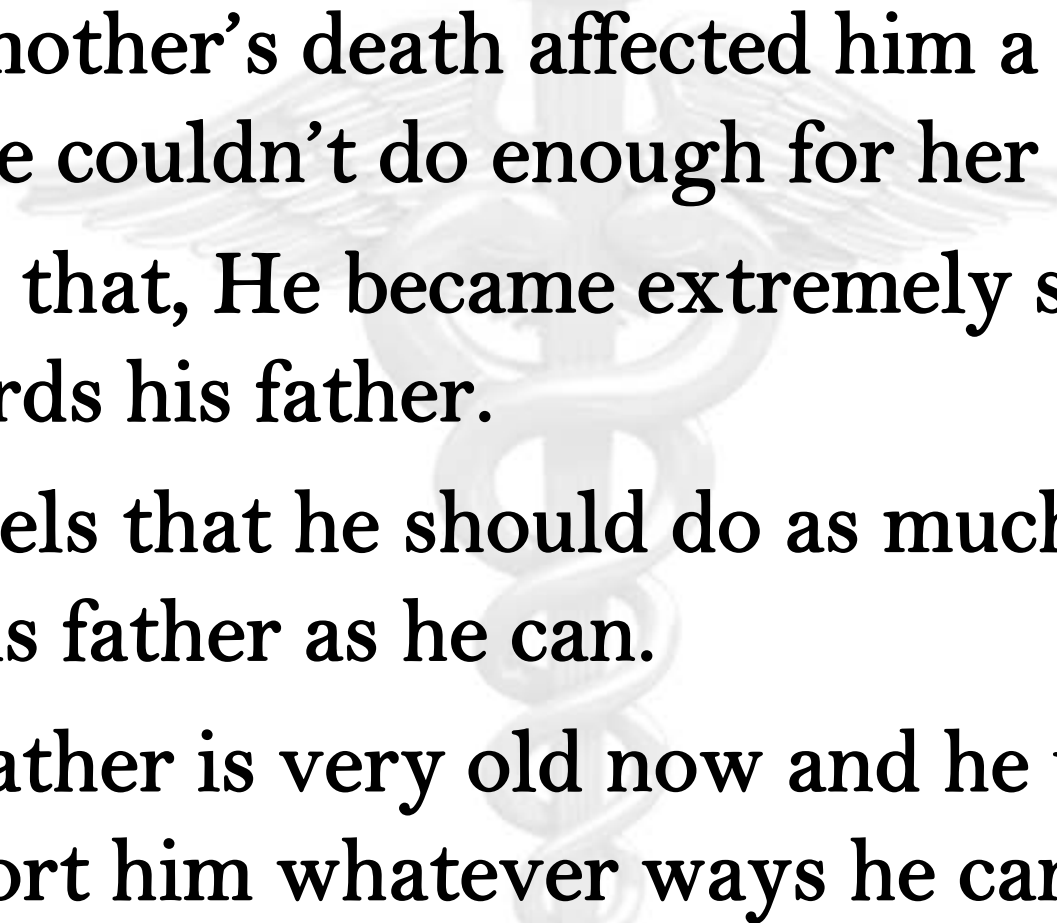
- He took up science in junior college.
- However, he didn't get the expected marks in 12th std. so, he couldn't get into engineering which he wanted to. He felt quite disappointed.

- So, he ended up pursuing Bachelors in Science followed by Masters in Business and Administration and found a job.

MARRIAGE :

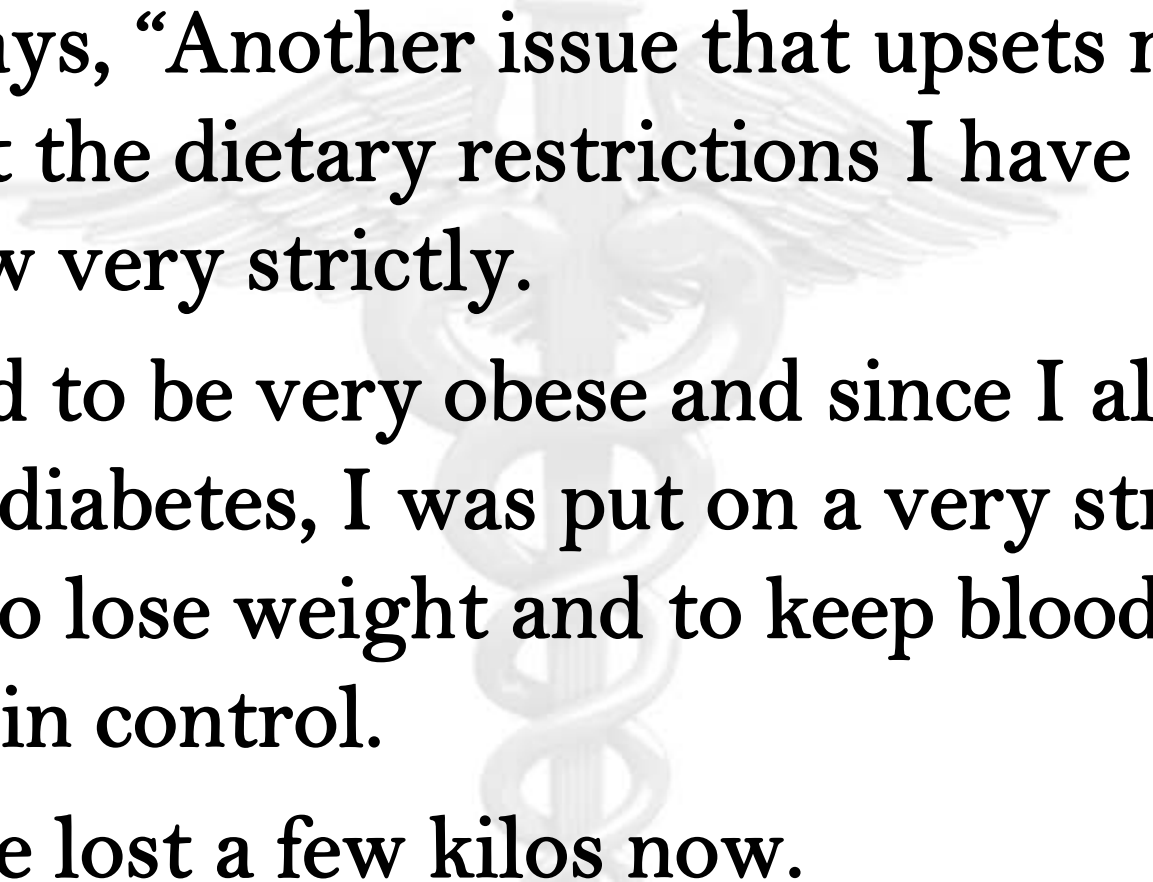
- He got married at the age of 34 yrs.
- WIFE – wife is very caring and loving. Always takes good care of the patient.
- But, his parents had differences with her.

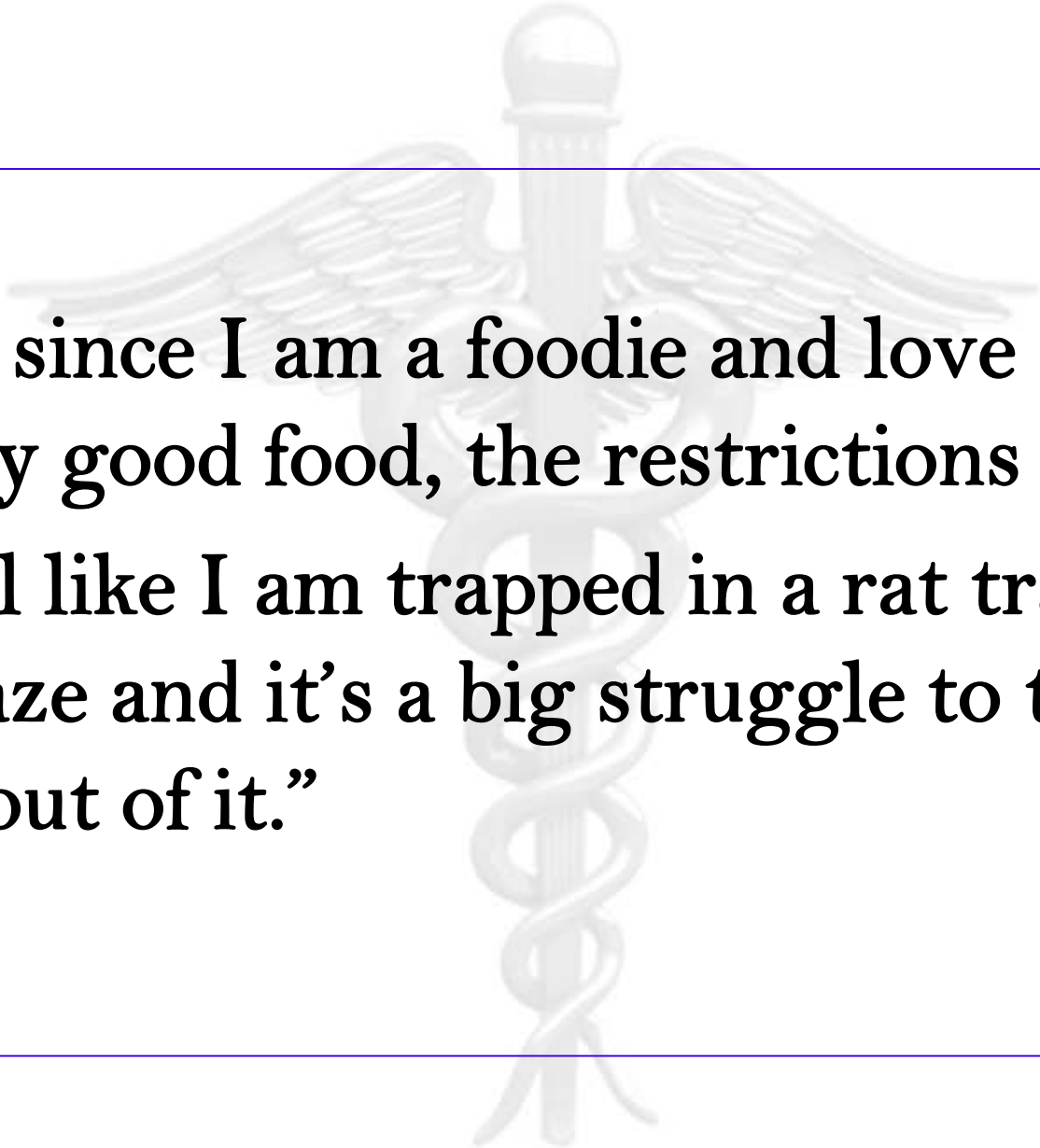
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- Although she would take good care of them as well, yet his parents weren't very happy with her.
 - This affected him as he had to create a balance between the 2 relationships. He had to try to keep his wife and his parents happy.
 - He had to take care that he didn't hurt the feelings of either of them.

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- His mother's death affected him a lot. He felt he couldn't do enough for her as a son.
 - After that, He became extremely sensitive towards his father.
 - He feels that he should do as much possible for his father as he can.
 - His father is very old now and he wants to support him whatever ways he can.

2002-2007:

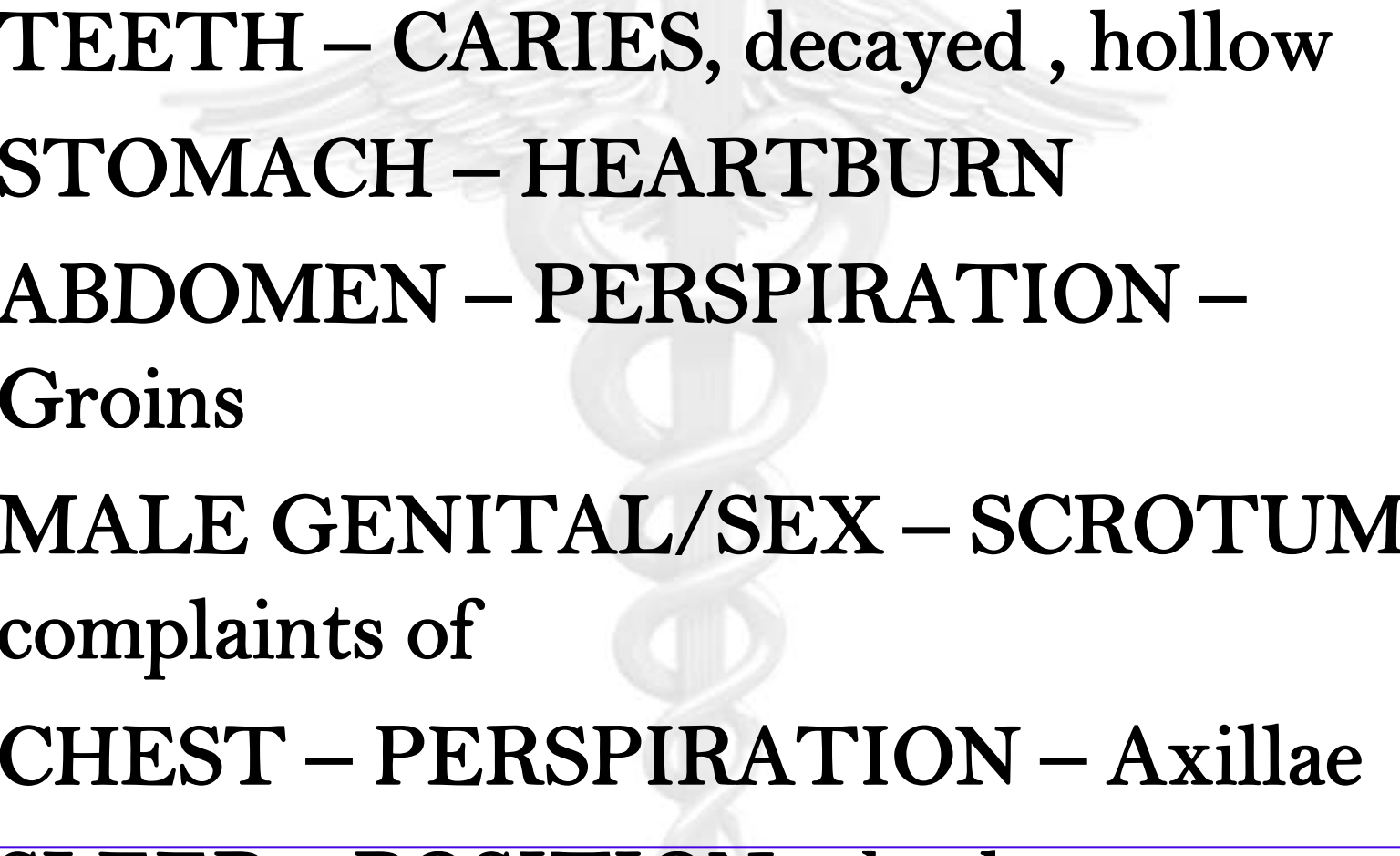
- He had a rough patch during this period.
- His boss at the workplace wasn't supportive at all.
- He put the patient down always.
- So, he couldn't achieve the success in his professional front although he was capable and deserving of it.
- This depressed him a lot.


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- He says, “Another issue that upsets me is about the dietary restrictions I have to follow very strictly.
 - I used to be very obese and since I also have diabetes, I was put on a very strict diet to lose weight and to keep blood sugar level in control.
 - I have lost a few kilos now.

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- But, since I am a foodie and love and enjoy good food, the restrictions kill me.
 - I feel like I am trapped in a rat trap or in a maze and it's a big struggle to try to get out of it.”

RUBRICS

- **MIND – ANGER – trifles; at**
- **MIND – RESERVED**
- **MIND – SENSITIVE – criticism; to**
- **VISION – MYOPIA**
- **NOSE – OBSTRUCTION – night**
- **MOUTH – ODOR – offensive**

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- **TEETH – CARRIES, decayed , hollow**
 - **STOMACH – HEARTBURN**
 - **ABDOMEN – PERSPIRATION – Groins**
 - **MALE GENITAL/SEX – SCROTUM; complaints of**
 - **CHEST – PERSPIRATION – Axillae**
 - **SLEEP – POSITION – back; on**

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- **GENERALS – COLD; TAKING A – tendency**
 - **GENERALS – FAMILY HISTORY of – CANCER**
 - **GENERALS – FOOD and DRINKS – fried food – desire**
 - **GENERALS – OBESITY**

HOMEOPATHIC MANAGEMENT

(23 rd JULY 2012)

REMEDY	Ammonium carbonicum
POTENCY	30 C
METHOD	5 Cup method
DOSAGE AND REPETITION	1 teaspoonful three times a day for 15 days.

FOLLOW UP 6th AUGUST 2012

- Patient felt much better in terms of the pain in the scrotal and perianal abscesses.
- Intensity of pain is much better.
- That size of the abscesses have also reduced to a great extent.
- The other complaints like nasal blockage and flatulence have also reduced.

TREATMENT

Ammonium Carb 30,
5 cup method,
1 teaspoonful three times a day
For 15 days.

FOLLOW UP 24th AUGUST 2012

- The size of both abscess has regressed a lot.
- Pain in the abscesses is around 80-85 % better.
- Nose obstruction is also better.
- Flatulence is better.

TREATMENT

Ammonium Carb 30,
5 cup method,
1 teaspoonful three times a day
For 15 days.

FOLLOW UP 10th SEPT 2012

- **The scrotal and anal abscesses have healed completely.**
- **Flatulence and distension of abdomen is much better.**
- **Chronic nose obstruction is also much better.**

TREATMENT

Ammonium Carb 30,
5 cup method,
1 teaspoonful three times a day
For 15 days.

FOLLOW UP 2nd OCTOBER 2012

- No abscesses.
- Acidity is much better.
- Flatulence is better.
- Eructation are better but still persist.
- Gets fatigued easily.
- Sleep is still disturbed.
- Halitosis still persists.

TREATMENT

Ammonium Carb 30,
5 cup method,
1 teaspoonful three times a day
For 30 days.

FOLLOW UP 18th OCTOBER 2012

- No Flatulence and acidity.
- He doesn't feel very fatigued now.
- Halitosis is also better.
- However, sleep is still not very sound.
- Since 2 days he developed running nose and a mild fever along with burning pain in eyes.

TREATMENT

Ammonium Carb 30,
5 cup method,
1 teaspoonful four times a day
For 30 days.

FOLLOW UP 9th NOVEMBER 2012

- He had a recurrence of scrotal abscess.
- Lot of pain and tenderness of scrotum.

TREATMENT

Ammonium Carb 30,
5 cup method,
1 teaspoonful every four hours for 2
days.

Patient was advised to follow up after
2 days.

FOLLOW UP 11th NOVEMBER 2012

- Pain in the abscess was slightly better.
- No regression in the size of abscess.
- Flatulence increased since 2-3 days.

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful two times a day
For 7 days.

FOLLOW UP 18th NOVEMBER 2012

- Scrotal abscess is much better.
- Pain is also much better.
- Flatulence better.

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful two times a day
For 21 days.

FOLLOW UP 11th DECEMBER 2012

- No pain in the abscess.
- Flatulence is much better.
- Acidity much better.

INVESTIGATION

PARAMETERS	RESULTS
FASTING BLOOD SUGAR LEVEL	88 mg/dl
POST LUNCH BLOOD SUGAR LEVEL	90 mg/dl
GLYCOSYLATED HEMOGLOBIN	6 %
TOTAL CHOLESTEROL	93
HIGH DENSITY LIPOPROTEIN	29

PARAMETERS	RESULT
LOW DENSITY LIPOPROTEIN	54
TRIGLYCERIDES	51
VERY LOW DENSITY LIPOPROTEIN	10
CHOLESTEROL/ HDL	3
S. URIC ACID	6.60

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful two times a day
For 21 days.

FOLLOW UP 17th JANUARY 2013

- No abscess.
- Flatulence is better
- Acidity is much better
- Sleep is still disturbed.
- He wakes up at 3 a.m. and then is unable to go back to sleep.
- Nasal obstruction is better but persists

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful two times a day
For 21 days.

FOLLOW UP 11 FEBRUARY 2013

- Patient feels much better than before.
- He is able to sleep well now.
- He feels more active and alert.
- Flatulence and acidity is much better.

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful two times a day
For 21 days.

FOLLOW UP 11 FEBRUARY 2013

- He suddenly developed and episode of Coryza.
- Watery nasal discharge.
- Nose obstruction on both sides.
- Feels drowsy.

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful thrice a day
For 15days.

FOLLOW UP 15th APRIL 2013

- After the medicine was repeated frequently, Coryza settled in a few days.
- No nasal discharge and nose obstruction now.
- Feels active and energetic.
- Flatulence is much better.
- Acidity is also better.
- Gets sound sleep.

TREATMENT

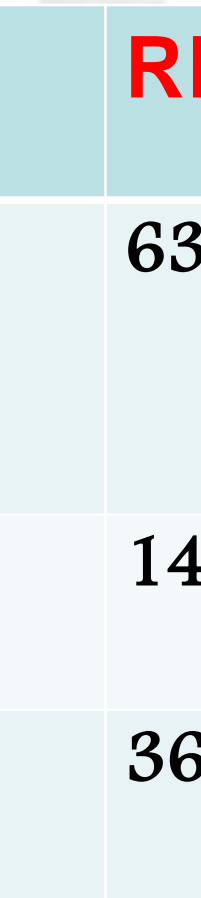
Ammonium Carb 200,
5 cup method,
1 teaspoonful thrice a day
For 15days.

FOLLOW UP 2nd MAY 2013

- He feels much better in all his complaints.
- Acidity and flatulence is better.
- Sleep is much better.

INVESTIGATION

PARAMETERS	RESULTS
FASTING BLOOD SUGAR LEVEL	97 mg/dl
POST LUNCH BLOOD SUGAR LEVEL	120 mg/dl
GLYCOSYLATED HEMOGLOBIN	5.7 %
TOTAL CHOLESTEROL	121
HIGH DENSITY LIPOPROTEIN	36



PARAMETERS	RESULT
LOW DENSITY LIPOPROTEIN	63
TRIGLYCERIDES	149
APOLIPOPROTEIN B	36

TREATMENT

Ammonium Carb 200,
5 cup method,
1 teaspoonful thrice a day
For 15days.