

# GPS FOR HOMEOPATHS: MAPPING YOUR CASES

*Mike Bridger, UK*

**FREE** introductory webinar    Friday 12 April  
Webinar series dates            Fridays 10 May, 24 May, 7 June, 21 June  
Time                                    7pm - Qld, NSW, Vic, Tas; 6.30pm - SA, NT; 5pm - WA

## SERIES OUTLINE

### Session One:

***What does it mean to be a successful practitioner?***

***How can we be one?***

We will review basic philosophy and premises for this course. We will revitalise the concept of simplicity in homeopathy.

***Do we need to keep homeopathy simple?***

***What are the present trends in homeopathic practice and how do they affect the way we work?***

***How does our choice of approach affect our patients?***

We will discuss some serious misconceptions in homeopathic philosophy.

***What do we need to know as practitioners to practice successfully and what is it ok not to know?***

Some of the above will involve re-examining our attitude to the first consultation. What are we looking for? The 'Right' remedy? The top layer? The miasm? The sensation? The 'condition'?

I would like to sell the idea of process here and using the first consultation as a means of diagnosis and planning ahead. I call this '*Case mapping*'.

The meaning of 'case mapping' and how to do it.

### Session Two:

We will introduce the concept of acute and chronic remedies and how this helps us in practice. This is one of the most important TOOLS to use in dealing with follow ups and remedy reactions. It is hardly ever used these days. It is all about knowing when a remedy is deep or not and whether it actually covers the pathology of what we are treating. Once we understand this we can understand more clearly what is going on i.e. when a remedy seems to do too much, only does a little, or simply does nothing.

### **Session Three:**

Continuing the previous session with the major remedies and their relationships (acute and chronic) we will look at the main remedies we use and how they can 'trip you up', if you don't know their action.

We will look at an example of what I would call a typical 'case map' and then take a remedy and map it out in detail illustrating its clinically related remedies.

### **Session Four:**

A QUICK review of miasms and nosodes and then we will focus on Syphilinum and related remedies.

This will be a dramatic illustration of why it is important to understand the action of your remedies and how to utilise this information in follow- ups.

### **About Mike Bridger**

Mike Bridger has been practicing in the UK for thirty years and teaching for as long. He has taught at most of the colleges in the UK and internationally in Ireland, the USA, Iceland and Finland.

He is the Principal of The Contemporary College of Homeopathy in Bristol, UK and co-director of The Orion Postgraduate Training Course held annually in London, UK.

He has spoken at conferences in the USA, UK and Ireland.

His publications include:

- 'Up The Swannee to Atlantis' for '*The Homeopath*' UK No. 68: 1998;
- 'Fool's Gold' article for '*The American Homeopathic Journal*', 2000, USA. (Reprinted in Homeopathic Medical Association Journal, 2000, UK.)
- 'Kali Carb' for '*The Homeopath*'.

At present he practices in London and is a lecturer at the Centre of Homeopathic Education.

### **Testimonials**

I must admit, I was 'seduced' into taking on Mike Bridger's Orion Course following his unique lecturing style at the London College of Homeopathy in the 1990s. I say 'seduced' because I'm rather partial to a bit of humour especially as an educational tool. We all know the old homoeopathic literature can be a little dry and so, for me, this course was an excellent way to help me expand my knowledge of homoeopathy and gain more confidence in my practice.

During the course you are guided through remedy relationships, taking you away from the single remedy idea. As a student and newly qualified practitioner, debates were consistently about where do we go after the first prescription? I often saw more than one remedy in a case and it wasn't until Mike explained the idea of case mapping that I "got it". For me, the idea that energy moves and so one remedy moves to another or completes the action of another one, which he demonstrates with his case mapping techniques, makes complete sense.

There are so many systems and methods out there to further our understanding of homoeopathy, and although Mike doesn't dismiss other ways of looking at things, "other than the absurd," he's a master at simplifying the process.

You'll really enjoy working with Mike, so be prepared to be amused! I thoroughly recommend him as a teacher.

*Erica Gustavsson, Practitioner Hobart*

I've had Mike Bridger's Orion Course CDs for a number of years and from time to time go back to them for a bit of inspiration. Great common sense, little nuances, practical insights and a sprinkling of hilarity to help you learn and remember.

*Melanie Creedy, Practitioner Hobart*